

A Primary Care Kit

(To remind you of your importance)

1. A Rubber Band: To remind you of hugging...You embrace them, or they embrace you.
2. A Kleenex: To dry another' tears; or to dry your own so you can see the tears of others.
3. A Warm Fuzzy: To bring you a gentle comfort when the world seems cold; keep it for yourself or give it away.
4. A Bandaid: To remind you of healing-those feelings of your own or of anothers.
5. A card: To send a child whose face you haven't seen for awhile; or to thank someone for their kindness.
6. This sandwich Bag: It symbolizes food for the soul to be shared with others.

Please know that we love you & care about you!

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